

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

November 2012

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Desserts
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This time of year we remember those who have left us, or those who are absent but never far from our thoughts. Gratitude gets thrown into the mix and we reflect on all the good things individuals have brought to our lives. The cycle includes loss, pain, gratitude, reflection. Emotions churn and memories burn.

Local poet, Jo Longbottom has written some poignant poetry about loss and remembering on page 6.

Dare I mention the "C" word? The festive season is just around the corner. The village of Haworth is festooning its cobbled streets with old world charm and vintage styling. See the centre spread for a special pull out section to keep and refer to in the weeks that approach Christmas.

Our beautiful cover photo was taken by local photographer Andy Wilkinson of You In Frame (see page 8 for details about his professional services.) Have a great November. Enjoy!



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WINED & DINED by Claire Smith



Some weeks ago – towards the end of September if I remember rightly – I came across an article by Janet Street – Porter headed “Sorry Nigella, I’ve

lost my appetite.” Commenting upon the pre-Christmas launch of the most recent glut of the ever more glossy offerings from Nigel, Nigella, Jamie and the rest, who, taking advantage of the impending festive season and it’s consequential earning potential, are aiming to extract millions from a public desperate to find the perfect gift for the fanatical foodie in their life, she begs the question “what can be left to say about whipping up a quick plate of pasta or cooking a chop?,” and suggests that these “lavish cookery books suddenly seem as redundant as a monster handbag now deemed passé by the fashion police.” I have to admit that she presents a pretty persuasive argument. Though I love to spend time composing new recipes of my own and find myself unable to leave a bookshop without running my fingers longingly across the books nestled in the cookery section, Street-Porter has a point.

Most cooks use only a handful of recipes but will admit to owning drawers, shelves and cupboards that are literally stuffed with cookery books. Though their presence in any home undoubtedly casts an air of domesticity, I wonder if we really do

need to own cookery books by the yard all containing more or less the same recipe for a coffee cake, tomato and basil bruschetta etc. If we are honest, how many of the recipes contained within each of these gigantic tomes do we actually use? The answer is probably a couple, half a dozen at best – the other 370 being too exotic, expensive or time-consuming to bother with. This is not to say that I don’t find it difficult to imagine never buying another cookery book – I have a healthy respect for the experienced cook and the wisdom afforded by their experience. When it comes to buying cookery books my personal preference is for the writing of Elizabeth David who appears to have a down to earth approach to food and its preparation. But it seems to me that whilst it has almost become a form of domestic escapism to read about how lovely the lives, gardens local shops and endless informal gatherings and dinner parties enjoyed by the likes of Nigella, Jamie and Co are, those of us leading a more earthly existences can get a little jaded with the self congratulating nature of the approach taken by certain celebrity cooks. It can have the effect of making one feel a little Bridget Jones!

My grandmother had a couple of cookery books for inspiration and filled in the gaps herself. Maybe a refreshing change would be that the enthusiastic amateur was offered the encouragement to achieve spontaneity and creativity in the kitchen instead of being cajoled into paying £30 00 to join some celebrity cookery club. I would be interested to know what you think.

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Ingredients:

- 1 Vanilla Pod split and seeds scraped out
- 500 mls double cream
- 500 mls whole milk

285 grams plain chocolate, chopped.

Sugar to taste

Vanilla Powder, or Chocolate powder for dusting.

1 teaspoon vanilla extract

Method:

In a suitable sized saucepan add milk, cream and the vanilla pod with seeds. Gently heat until you see a slight bubble in the mixture around the edges of the pan & remove from heat and allow to steep for 10 minutes. At this point add your sugar and vanilla extract and gently heat until you again see the mixture start to bubble. Meanwhile in another saucepan add your chocolate and when your cream mixture is ready, remove the vanilla pod (wash and pat dry your vanilla pod as this can be used again to make your vanilla sugar). Slowly pour the cream mixture over your chocolate whilst whisking until the chocolate has thoroughly dissolved. Finally return the mixture to a gentle heat add or not your optional tipple (which ever one is delish) whisking until you have a frothy top and dispense into your favourite receptacle and dust with vanilla/ chocolate powder an whipped cream. NB take care as the choccy is very hot & enjoy!!

www.vanillaetc.com is offering readers a discount when purchasing vanilla at their online shop. Be sure to quote the coupon code AVMVE to qualify! (see above)

Poet **Jo Longbottom** (nee Hodgson) is an Oakworth resident, originating from Sutton. She is married and has two grown sons. Jo is a retired Primary Teacher and Special Educational needs Co-ordinator.

From a very early age Jo loved poetry and literature; she has fond memories of sitting on the knees of parents, by the coal fire, reading Mother Goose, AA Milne, J M Barrie, Jean de Brunhoff. Her first verse was written at aged 4 with much acclaim by totally unbiased Mum and Dad!

Since the age of 15 Jo has been writing on paper napkins, receipts, scraps of paper; graduating to notebooks and even the iphone.

She is a member of the Airedale Writers Circle, Keighley, and studied English Literature and Language and Education at Durham.

Night Forest

In my troubled night time mind
 You creep through my thoughts
 And into my heart
 Like a thief in a forest,
 Passing from tree to tree
 Stealthily
 And steely cold.
 You hide ,
 But I can catch a glimpse
 Every time you stride and slip
 Between each tree's long shadow.
 And you will not leave
 For fear you will be forgotten.

A Poem of Remembrance For all who have Loved and Lost

Without You

The days will pass the same,
 The sun will rise,
 The clouds will still be swept
 'cross angry skies.



The days will pass the same,
 The nights will too.
 And so will weeks and months and years
 Without the lovely you.

My eyes will cry salt tears
 My lips will smile,
 My mouth will speak dull words...but I'll.....
 Be wanting you meanwhile.

The angry storms will rage,
 The light'ning streak the hills,
 The rain will piercing, fall,
 As my heart frail-ly chills.

Maybe there'll come a day
 When I wont cry
 But still my wounded heart will shriek
 Pained curses to the sky.

Sometimes a little ember
 Will waft into a flame,
 With passing ghostly breeze
 That speaks your name.

And when November comes,
 The world will bow its head,
 And for each country's bravest boys
 A bitter, solemn, soul-torn tear will shed

Folks will think I'm fine
 But little will they see,
 That when I'm without you,
 There'll be no me

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AUTUMN WINTER FASHION ROUND UP by Nikki Carroll

As the leaves start to fall, the nights draw in and there's threat of snow, we find ourselves wondering where did our summer go? (if it was ever here at all, and did we even get the chance to wear our summer wardrobe?)...Perhaps not, but with your winter wardrobe, I can guarantee one thing, you'll have the weather to wear it!

So here's a few tips on fashion trends for Winter 2012/2013

A Fine Wine Wine colours like burgundy and plum teamed with dark grey or gold can be seen throughout many of our major fashion collections. It may be a simple dark grey dress but team it with burgundy opaque tights, scarf and burgundy patent bag and you can step straight onto the catwalk.



A must have for your wardrobe this winter is a poncho, once again back in fashion, a cozy stylish knitted poncho with slits for arms or a simple cropped over the shoulder knitted poncho will prove an invaluable purchase this Autumn/Winter.

Vintage Inspired – Peplum jackets skirts and dresses made a huge return to our wardrobes this summer and its popularity is holding strong this winter and getting bolder by the day. Vintage Victorian lace trims, cuffs and collars bring noble femininity to any outfit and was spotted all over the Spring 2013 fashion runways so be ahead of the game.

Fur – elegantly desirable, gorgeously cosy, winter 2011 saw its return in accessories, this year you can dress head to toe in fur. Faux fur has never looked as authentic so don't be shy and mix fur, whether its a colour or a print, you'll look glamorously gorgeous,



chic and cosy.

British Heritage – be inspired by the heritage and traditions of our countryside, think sturdy leather boots, blue skinny jeans, fitted knee length tweed coat, floral shirt and flat cap. Be proud to be British and embrace our winter.



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RURAL MATTERS The Last of the Cowboys by Jonathan Sharp



Let me introduce my self. I am Jonathan Sharp and I am a third generation dairy farmer at Tewitt Hall Farm, the oldest working dairy farm in the Worth Valley, one of only four; so I guess that makes me one of the last of the cowboys!

This summer we held an Open Farm Sunday and were surprised by people's attitude, how little they knew about farming and how much they wanted to learn. So when the editor of The Worth Valley Mag approached me to do some writing for the Rural Matters column it seemed a sensible idea.

At the Open Farm Sunday there were two sessions of milking, feeding and breeding demonstrations. The interest expressed by the visitors was amazing; they were obviously reassured at the high welfare and hygiene of their food production and had many questions for us.

We are an ASDA supplier producing 1.1 million litres; that is almost, but not quiet, the fresh milk requirements of the ASDA store in Keighley.

At the Open Farm event, one lady

asked if she bought her milk from ASDA would it have come from us; she clearly would have changed where she bought her milk on the strength of what she saw. We had nothing but positive feed back so we are considering doing it again.

You may have read about the dairy crisis during the summer. Well it was very real to us, with 4p knocked off the price we received for the milk over a two month period, if it had not been reversed we would have been facing financial ruin by Christmas. I did go and protest in both Leeds and Manchester till the early hours, not easy when you've to milk next morning. At that time the cost of producing a litre of milk was put at 30p (supermarket figures), we believe over the coming months that will rise to over 32p. I currently receive 29p! You may ask how is that possible? Clearly, this is unsustainable.

Very simply, I do the work of two men for less than the minimum wage, my father who's 77 still helps 6 days a week and my wife 1 day; I could not do it without them. I am lucky enough to enjoy my job but it is one thing to work long hours for little, and another thing completely when money is leaving with every litre produced which is what we were facing this summer.

If the price of milk paid to me had risen with inflation over that past fifteen years I would be getting 39p which would be worth £100,000 to me! The only way we continue to stay in business is because we constantly strive to keep costs down.



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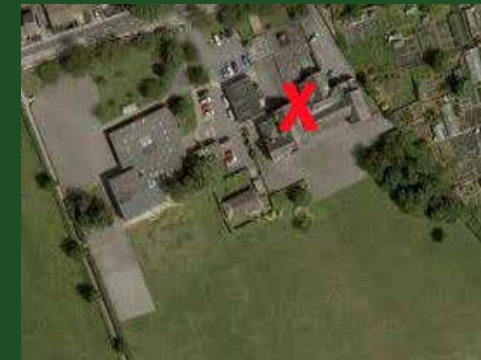


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SUDOKU

		5	2	1		6		
5		7	4			2		
	8						3	
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	5						4	
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A sudoku puzzle consists of a 9 × 9–square grid subdivided into nine 3 × 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 × 3 box contains each of the numbers from 1 to 9 exactly once.



Keighley Christmas Cracker

Sunday 18th November 2012
11.30am – 5.00pm

Surprise X-Factor Celebrity

Look out for more information in local press and on www.ktca.co.uk, www.keighleynews.co.uk and www.pulse.co.uk

Featuring
 The Pulse road show with hosts Paul Foster and Debbie Lindley from the Pulse Breakfast Show.

With

- The Tom Gee Band
- Sister Act Showgirls
- Almost Adele
- Just Jessie J

And on stage across town

- Joe Tilston
- Ben “Blues” Waters
- Patch Kelly
- Den Miller
- Tia
- Foxes Faux
- Escapedes
- Blue Star Tattoo
- Louisa Rose and Keiran
- Bag of Tricks

With magic from
 Toby Davies

Start your festive celebrations in Keighley

Be entertained and listen to music across town while you're shopping. See the Christmas lights switched on by Santa and friends at 4.00pm on Church Green.





And shopping!
 Have an Absolutely Fabulous shopping spree in Keighley. Join the UK's number one Ab Fab Tribute Act as they launch our Celebrity Christmas gift Hunt!

And also in town!
 Grannie Turismos - The worlds first and only Formation Shopping Trolley Dance Routine

And for the kids!
 Santa's Flagship. Look out for Santa's Elves. They have escaped from Santa's workshop on one of his favourite toys, his Galleon! They're only testing it but they just haven't told Santa yet! The Galleon will be sailing across town to find all those children who need entertaining.





TOP TECH TIPS by Michelle Thompson of Cloud FreeIT

The Tablet – is it death of the laptop?

Got a loved-one dropping elephant-sized hints about how nice it would be to find some technology in their Christmas stockings?

Sorry for mentioning the 'C-word' before 1st December, but in the run up the market gets a bit swamped with new 'must-haves' and special offers on last year's 'can't-live-withouts'.

Apple's iPad has been around for a few years now and expensive though it might seem it is still the tablet market leader but, now that various vendors have got competing products available at various price points, touch-screen tablets are set to be a huge hit this year.



Despite being more expensive than an iPad the new Microsoft Surface sold out in the UK, BEFORE its official launch date on 26th October (much frantic pre-ordering by over-excited gadget lovers, but more civilised than pre-launch queuing out in the cold the night before, eh Apple?)

From around £200 you can get an Android-based device. The iOS-based iPads start at around £350 and the new Windows RT-based Microsoft Surface starts at £399.00. Despite big price differences they have lots in common. Data is stored on flash memory (no spinning disks), the screens are generally between 7 and 10.6 inches diagonally. Efficient, low-power consumption processors mean there's very little heat output (so no hot thighs!). Low power consumption + smaller screen – hard drive = less battery weight. Properly portable!

At the lower end of the market internet connectivity is wi-fi only, but higher up the market some devices include built-in 3G so you really can access the internet from anywhere.

Naturally, less power and data storage than a PC means a tablet device won't completely replace a laptop or desktop (yet). Most avid tablet users still retain a 'proper PC' of some sort, to do the things a tablet can't, e.g. to run software that isn't available in the app stores. Microsoft seems to be the only vendor aiming to push the boundaries with their Windows 8 Professional-based Surface when it launches.

In addition to email/web access, I use my tablet for:-

- Taking notes quietly in meetings (no clacking laptop keyboard). I don't have to decipher my own awful handwriting and can quickly turn notes into a proper word processed document at the office later, or email them straight out as they are.
- Social networking from the comfort of my sofa
- Internet TV and movies in the kitchen (or in bed)
- Carrying days' and days' worth of music to plug into my car stereo
- Basic word processing, spread sheets and quick photo editing
- Getting my jumbled ideas into order (there's a very handy brainstorm app for that!)
- Playing games (my favourites are Scrabble and puzzle games, but there's 1000's available)
- Reading e-books

So in short, tablets fit neatly in between smartphones and laptops. They really are 'slip it in your handbag' portable, yet big enough to make browsing the web, checking your email and watching TV or movies on the hoof a pleasure.



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SUDOKU SOLUTION from page 20

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Free Monday Meditation 7- 8.30pm

Weekly. A buddhist meditation group with teaching included. (Voluntary donation to heating/refreshments appreciated). Beginners welcome. Crystal Space Aire View, Silsden.

Weds 7th Nov Cross Hills Library

North Yorkshire author Mike Pannett launches his fourth book Up Beat and Down Dale. The event will start at 7.30pm. Tickets cost £3.00 (which includes refreshments) and are available from Crosshills Library. Book your place by telephoning 0845 034 9533. For more info contact Julie Lonsdale, on 01609 533658.

Sat 9th Nov - 11th Nov Silsden Beer Festival - Kings Arms, Bolton Road, Silsden

Sat 10th Nov 1pm -4pm & **Tues 13th Nov** 9.30am -11.30am & 1.30pm

-4.30pm Beamsley Primary Open Day

For more info call 01756 710378.

Sun 11th Nov 11am Silsden and District Royal British legion will be



holding its Annual Remembrance Service. The parade will form at 10.45 am

The Keighley and District Family History (KDFHS) will be holding three drop-in sessions at Crosshills Library, Main street, Crosshills, Tel 0845 034 9533 in November offering free advice on tracing your family tree.

Mon 12th Nov Session 1
2.30 - 4.30pm

Mon 19th Nov Session 2
2.30 - 4.30pm

Mon 26th Nov Session 3
2.30 - 4.30pm

Tel 01609 533659

e-mail: julie.lonsdale@northyorks.gov.uk

Sat 17th Nov and every weekend (Sat & Sun) until 23rd Dec - 10 am

- 4pm **Craft & Gift Fair** at the Old School Rooms across from Bronte Parsonage, Haworth.

www.haworthcraftfairs.co.uk

Sat Nov 17th & Sun Nov 18th 9am - 5.30 pm

Christmas Market Central Park, Haworth - Gift Stalls, Mulled Wine, Cheeses, Pickles & lots more. Donkey rides for the kids.

Sun 18th Nov Wedding Fair 11am
East Riddlesden Hall, Bradford Road, Riddlesden

Sun 18th Nov Keighley Christmas Cracker 11.30 am until 5 pm.

Entertainment for the whole family. Christmas lights turned on at 4pm - Church Green. www.ktca.co.uk

Mon 19th Nov -Sun 25th Nov
The Devonshire Food Festival 2012
Bolton Abbey. You will see even

more top chefs from around the UK participating in a series of lunchtime competitions and Michelin star dinners. There will also be a special chocolate cookery demonstration on the Saturday by Thierry Dumouchel.

More info 01756 710441

www.devonshirechefs.co.uk

Sun 25th Nov Silsden

Christmas Market, Silsden. For more info call 01535 652705

Sun 25th Nov and every weekend in December - **Santa Special 2012 Emsay Steam Railway.** More info see www.

emsayboltonabbeyrailway.org.uk or phone 01756710614

Sat 1st Dec - Sun 2nd Dec Vintage Gift Fair 10 am - 4 pm at The Old School Rooms, across from Bronte Parsonage, Haworth.

!st Dec -23rd Dec Every Weekend in December **Santa** in Strid Wood, Bolton Abbey £5 per child - Booking essential.

Sun 2nd Dec & Sun 9th Dec Skipton Yuletide Festival And Christmas Market 2012 10am - 4pm. Skipton's famous Market will be in full flow on both days - running the full length of the High Street. Together with the market there will be a full



range of entertainment in the Town Centre throughout the day, both in the main High Street Arena and at themed locations across the Town. The whole of Skipton will have a real Christmas feel!

Sun 2nd Dec Christmas Fair 11am - 3 pm at **East Riddlesden Hall** - Free Entrance. Lots of Stalls and activities for the whole family.

Sun 2nd Dec Mercury (Queen Tribute) The Mart Theatre, Skipton 7.30 pm Tickts £15 call 01756 709666 Box Office.

Mon 3rd Dec - 8th Dec Allo Allo Keighley Playhouse. Based on the ever popular television comedy series the stage version follows the unfortunate adventures of Rene in war-torn France. 5 Devonshire Street, Keighley, BD21 2BH 08451 267859

Sun 9th Dec - Sutton at 4 p.m. An **outdoor nativity pageant** starting at Bay Horse, processing to Sutton -in -Craven park via The Kings Arms and The Black Bull. Mince pies and mulled wine afterwards served in the South Craven Baptist Church. All welcome.

Thurs 13th Dec 7.30 pm a fantastic performance of Handel's "**Messiah**" in **Keighley Shared Church - Church**

Street, Keighley, BD21 5HT. It is a civic event to end the Queen's Diamond Jubilee Year. The choir will be KVU Singers, conducted by Frank E H Smith and the organist will be David Houlder MA FRCO from Leeds Minster. There are four wonderful soloists too.

For more info call Rev Peter Mott 01535 601499



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Keighley inventor & son walk away from Dragons

Landscape Gardener & inventor, Mike Smith, tells his story:

The Wheelbarrow Booster came about purely out of necessity almost 20 years ago. I was doing a lot of grounds maintenance work – loads of grass and leaves to move about, and needed a way of increasing the amount my barrows would carry. It had to be a quick and simple 'fix'.

I came up with the canvas loop and elastic 'skirt' to attach it and offer flexibility to fit different size/shape barrows. If you are barrowing a lot of garden waste – you cant beat it.

A couple of years ago my son Joe asked me what happened to that barrow extender thing I had? He reckoned we could make and sell them. I wasn't so sure, but we had 1000 made, and it went from there.

Last March, we were offered a slot on Dragons Den. I initially refused – being on TV wasn't for me. I was eventually persuaded on the grounds of promoting the product, because where else could you get that sort of exposure for free?

Our ten minutes of 'fame' was whittled out of an hour and a half stood in front of them, with far more exchanges than anyone saw on the night. It was obvious that I didn't want to be there, nor was I going to be pushed around or 'go in 'hand wringing' – almost begging, like some of them do. Because we didn't need to come away with any offer, on reflection



Mike Smith and son Joe.



The Barrow Booster



I overdid the 'take it or leave it bit'. The Dragons may not have liked it, but the BBC crew loved it! While I didn't enjoy the 'personal' exposure, the filming experience in general was very

interesting, as its a lot different to how it appears.

Despite my best efforts to put them off, two of the Dragons offered us a deal – which we turned down on the grounds it wasn't good enough. We've since been offered better deals by other individuals, should we need them.

We are currently negotiating with DIY chains; a number of national wholesalers both here and overseas; garden centres, and the public.

Mike Smith

(See below, Mike Smith Landscapes)
P.S. The piles of cash you see on the telly are fake!

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**HEN
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Angel**

**Yorkshire girl opens up the secrets of
North East nightlife for all to enjoy!**

I am a local girl, and since moving to Newcastle upon Tyne for a taste of the notorious party atmosphere I have strived to dig out the secrets of just what makes that northern city's nightlife so great. The reputation of Newcastle attracts hoards of hen and stag parties each year, particularly in the summer months between May and August.

What didn't make sense to me was the lack of a professional service to help these groups make the most of their time in Newcastle. So often I would ask ladies what their plans were or where they were going on their night out and they wouldn't have any clue. Working in hospitality, I came into contact with hen parties almost every weekend, and if I had a pound for every time I was asked 'where's good to go tonight?' or 'what are the best bars and clubs' I would be very rich indeed! It struck me that these girls were being completely taken advantage of; paying a fortune for hotel accommodation, ending up at bad restaurants and being herded into rubbish clubs by promoters on the streets. Basically they were being totally ripped off!

It seemed so unfair that ladies were traveling from all over the country to get a taste of Newcastle's famous nightlife, but it was kept just out of their reach due to a



lack of decent advice. I began to research into professional hen night planning services and what they were offering in Newcastle, and was very disappointed with the results. 'I could design much better hen parties than this and show these girls a proper Newcastle experience' I thought... and so Hen Night Angel was born.

Hen Night Angel is a business which aims to create fabulous and memorable parties for visiting hen groups. We plan everything from accommodation to entertainment, and all at very reasonable prices. A hen party is a time to let loose and celebrate, and it can be a lovely treat to take a little break from your normal routine to explore a different city with your girls. We see each group as individuals and take care of everything to make sure you get the best of your time in Newcastle.

To encourage ladies from Yorkshire to come and experience the Newcastle nightlife, Hen Night Angel is offering free personalised T-shirts for each group member when booking a hen party with us, just mention you read about us in the Worth/Aire Valley Mag! We recommend booking as far in advance as possible to avoid disappointment, so take a look at www.hennightangel.co.uk and lets get your party started!



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